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NEW THIS WEEK

Your Source of Information from the GCWCC.

February 19, 2025
Issue #106

Theme: National Heart Month

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Save the Date: GCWCC Annual General Meeting

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GENERAL COUNCIL OF WINNIPEG
COMMUNITY CENTRES



ANNUAL GENERAL MEETING (AGM)

CELEBRATING THE PAST, SERVING THE FUTURE

NORWOOD COMMUNITY CENTRE

87 WALMER STREET

APRIL 12TH, 2025

REGISTRATION: 8:30 AM

Join us on **Saturday, April 12, 2025**, for the **GCWCC Annual General Meeting (AGM)**.

Registration opens at 8:30 AM, and the **meeting begins at 9:00 AM**.

The AGM will feature the annual report from the GCWCC board of directors, informative presentations, an update on Plan 2045, and a report from the Auditor, including the audited financial statements for the year ending December 31, 2024.

Be Prepared: The Importance of CPR and AED Training

CPR and AED training equips community centre staff with life-saving skills, ensuring quick action in emergencies. Having trained personnel on-site can make all the difference in a cardiac event, increasing survival rates and fostering a safer environment for all visitors.

In Winnipeg, several organizations offer health and safety training, including CPR and AED certification that not-for-profits and community centres can benefit from. These include:

- **First Aid Training Centre:** As the Canadian Red Cross' largest First Aid/CPR organization in Manitoba, they offer courses ranging from basic workplace first aid to advanced medical training.
- **St. John Ambulance Manitoba:** Provides a variety of first aid and CPR courses designed to comply with the CSA Z1210-17 standard.
- **YMCA-YWCA of Winnipeg:** Offers First Aid and CPR certifications, including Standard First Aid with CPR C and Emergency First Aid courses.
- **SAFE Work Manitoba:** Provides resources and guidelines for first aid training to ensure workplace safety.

Investing in staff training through these reputable organizations strengthens your centre's ability to respond to emergencies and promotes community well-being.

Community Centres: Champions of Active Living



Community centres play a vital role in promoting health, wellness, and recreation for all ages. **This Heart Month**, we encourage you to continue to highlight programs and activities that keep residents active—whether it’s fitness classes, skating, or sports. Your efforts support healthier lifestyles and stronger communities.

Let’s keep inspiring movement and well-being across Winnipeg.



Share Your Upcoming Spring Events With GCWCC

As we anticipate warmer days, it’s time to showcase your community centre's upcoming spring programs and activities.

The GCWCC is eager to help promote your events—from fitness classes and family gatherings to outdoor sports and spring festivals.

To feature your events and stories on our platforms, please send your information to

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participation and engagement across our communities.

Let's work together to make this spring active, engaging, and fun for everyone.

Upcoming Webinar for Parents: Understanding Youth Sports



GCWCC encourages community centres to share this valuable opportunity with parents in your network. **Matt Thomas, Master Coach Developer for Canada Soccer**, is hosting a short webinar to help parents better understand youth sports and support their young athletes.

Matt has worked with professional clubs in Europe and across Canada, holding top coaching certifications, including UEFA A and USSF A licenses. His expertise provides helpful insights for both parents and coaches.

The webinar will be held on **Sunday, February 23, 2025 at 10:00 AM**. See link below to register.

[Learn More](#)

Enhance Your Volunteer Programs with Upcoming Training Opportunities



Volunteer Manitoba is offering a series of workshops and webinars designed to support community centres in effectively engaging and managing volunteers. These sessions provide valuable insights and practical tools to enhance your volunteer programs. **Click the link below to see a list of upcoming webinars.**

If you have any questions or need assistance, contact Volunteer Manitoba at training@volunteermanitoba.ca or call **204-477-5180**.

Investing in these training opportunities can significantly benefit your community centre's volunteer engagement and program effectiveness.

[Learn More](#)

Grant Funding Opportunities: Application Deadlines Approaching

As we approach the end of February, we want to remind all community centres of the following grant opportunities with upcoming deadlines:

Athletic Field Maintenance Fund

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Application Deadline: **Friday, February 28, 2025**. If you have not received the application email or have questions, please contact us at office@gcwcc.mb.ca.

Canada Post Community Foundation Grant

Enhance your youth programs with funding from the Canada Post Community Foundation. Eligible projects include after-school activities, sports equipment, art supplies, and support for at-risk youth and young immigrants. Access funding of **up to \$5,000 for programs like after-school activities**, arts, and sports or **\$5,001 to \$25,000 for larger initiatives**, including facility improvements and youth support programs. Application deadline is **February 28, 2025 (2:00 PM ET)**. For more information and to apply, visit the [Canada Post Community Foundation](#) website.

Co-op Community Spaces Grant

Co-op Community Spaces offers grants ranging from **\$25,000 to \$150,000** for capital projects that enhance recreation, environmental conservation, or urban agriculture. Eligible projects must be accessible for community use and **completed within two years**. Application is **March 3, 2025 (5:00 PM CST)**. This is a great opportunity to secure support for your next big project. For more information and to apply, visit the [Co-op Community Spaces Funding](#) page.

Kaltire– Kal's RePlay Fund

Kal's RePlay Fund offers competitive grants to registered Canadian charities and non-profit organizations to access products made from recycled tires in the provinces and territories where Kal Tire does business, which includes Manitoba. Application deadline is **February 28, 2025**. Learn more by visiting the [Kal's RePlay Fund](#) website.

We encourage all community centres to take advantage of these funding opportunities to support and grow your programs.

Volunteer Spotlight: Gary Dickson & Jerry and Lucille Lysy

This week, we highlight our **2024 Above & Beyond** honourees, **Gary Dickson and Jerry and Lucille Lysy**.

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Gary has been a passionate community advocate and supporter since the 1980s. His journey at **Norwood Community Centre** began with coaching soccer, serving as convenor, and eventually coordinating referees. After 13 years, he expanded his volunteer efforts elsewhere but remained connected, even helping to establish the **Norwood Flats Residents Association**.

Gary returned to Norwood four years ago to build its thriving pickleball program, which has flourished under his guidance. His dedication and countless hours of service have made a lasting impact on the community.

Thank you, Gary, for your unwavering commitment to Norwood.



Jerry and Lucille have been dedicated supporters of **Norwood Community Centre** for decades. In the late 1980s, they began their community involvement by coaching soccer and Tee-ball. More recently, from 2011 to 2024, they served as convenors for the badminton program and volunteered at numerous community events, including Spring Fling.

Norwood is genuinely grateful for their years of service and looks forward to seeing them on the pickleball and badminton courts for many seasons.

Important Dates and Information

- **February** - National Heart Month
- **February 28th** - Canada Post Community Foundation Grant Deadline
- **February 28th** - Kaltire – Kal's Replay Fund
- **February 28th** - Athletic Field Maintenance Deadline
- **March 3rd** - CO-OP Community Spaces Funding Deadline
- **April 12th** - GCWCC AGM
- **April 18th** - Good Friday
- **April 27th - May 4th** – National Volunteer Week
- **May 19th** - Victoria Day
- **July 1st** - Canada Day
- **August 4th** - Civic Holiday
- **September 1st** - Labour Day
- **September 30th** - National Day for Truth and Reconciliation (Orange Shirt Day)
- **October 13th** - Thanksgiving Day

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- [December 26th - Boxing Day](#)
- [Who to Call](#) - this link will take you to the phone list of Community Centre contacts on the GCWCC website.

Connect with us!



Celebrating the past, Serving the future.
We're Here to Help.

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